

Renaissance Public School Academy
Volleyball Covid-19 Return to Action Policies
2020 - 2021

The top priority for the RPSA athletics department and all of its programs is to keep the student athletes, staff members (coaches), and families safe. The MHSAA and the NFHS have released their *Return to Play guidelines*, and you can read them by accessing their website at MHSAA.com. It is our expectation that we will follow the MHSAA guidelines or exceed them. By signing the attached form, you are acknowledging that you have read the Return to Action Policies and agree to follow them. Questions should be directed to the school's athletic director, Mr. McCausey (dmccausey@renaissancepsa.com).

In addition, the policies set forth in the Renaissance Athletic Handbook remain in effect. The Athletic Contract/Emergency Contact Form also needs to be completed and returned prior to the first scheduled meet.

Return to Action Policies

- **Coaches must wear face coverings and practice physical distancing (6ft).**
- **If permitted by the host school to attend, spectators must wear face coverings and practice physical distancing (6ft).**
 - It is up to the host school whether or not spectators will be permitted into the gymnasium.
 - Spectators will be limited. The number of spectators and individuals allowed will be up to the host school and/or mandated by the governor's office.
 - Notice will be given and protocols will be followed.
 - When social distancing capacity is reached, entrance will not be permitted.
 - RPSA will not allow spectators into the gymnasium for volleyball events until we are a Phase 5 school.
 - If and when our region has been declared to be in Phase 5, a decision will be made regarding the possibility of allowing spectators to enter.
 - The MMSL adopted as a *League Decision - Due to limited spectator capacity when indoor attendance is permitted, out of respect for those traveling to away contests, visiting fans will be offered seating before home fans. Subject to change based upon mandates from State of Michigan administration.*
 - RPSA will do its best to provide a broadcast of home events for spectators to watch, provided the school has all of the permissions necessary to do so from host families and visiting families.
- **Entrance and Exit protocols and posted information by the host school must be obeyed.**
 - **ALL RPSA volleyball practices will take place outdoors until further notice.**
 - **In the event of inclement weather, it will be left to the coach's discretion whether to move practice indoors or cancel the practice altogether.**
 - **The RPSA administration has mandated the use of masks by EVERYONE present during the use of indoor facilities. This includes student athletes on the court during practice.**
 - After practice, student athletes will exit the gymnasium through the doors by the gym office.
 - Spectators will enter and exit through the doors by the gym office.
- **Prior to ANY practice or match, the COVID-19 Athlete/Coach Monitoring Form must be completed.**
 - The coach will ask the student athlete five questions and take the student athlete's temperature with an infrared no-touch thermometer. If the student athlete answers yes to any of the five questions, or has a temperature higher than 100.3F, the student athlete will be sent home immediately with a parent or designated adult until they have tested negative or have been released from isolation according to the local health department's protocols. The coach will report this to the school's athletic director and the school's administration.
 - Protocol for Positive Cases of COVID-19 will be followed for any student athlete, staff member (coaches), family member(s).
- **Volleyball athletes are expected to maintain the recommended six feet of distancing between individuals and no physical contact is permitted.**
 - No high-fives, fist bumps, handshakes, or any physical contact is permitted.
- **All volleyball equipment will be sanitized prior to being used and after use This will be completed by the athletic department staff.**
- **Balls may be passed/shared, provided student athletes and coaches wash their hands before and after use.**
- **While on the court of play, masks (face coverings) are mandated. Masks must be worn at all times.**
- **Players on the bench must stand at a social distance.**
 - RPSA will have markings on the floor for bench players to stand on when not in the game.
 - RPSA student athletes will follow host school protocols.
- **Student athletes must wear masks (face coverings) for the captains meeting.**
- **Visiting team will always serve first (no coin toss).**
- **Only athletes will touch the volleyballs during a contest.**
- **Hand sanitizer must be used when players enter and exit the court of play.**
- **Gloves are permissible.**
- **Substitutions will be made without touching hands and maintaining social distancing.**
 - RPSA will have this marked on the gym floor.
- **All coaches and school personnel must be masked with student athletes present.**
 - Gloves are optional.
- **Student athletes are expected to have their own water bottle, snacks and food not to be shared with anyone.**

Renaissance Public School Academy
Cross-Country Covid-19 Return to Action
Contract Agreement
2020 - 2021

Directions: Please make sure that the entire form is filled out completely before returning this form to your coach or the athletic director. Thank you.

_____ I have read and agree to all of the Return to Action Policies for Cross Country at RPSA.

_____ I understand that, in addition to this form, I need to complete the athletic contract as well.

Student Athlete Signature: _____

Parent Guardian Signature: _____

Date: _____