

## The Seven (+1) Habits

Habit	Meets/Consistent	Progressing/Often	Insufficient/Seldom
<b>Be proactive</b>	I am a responsible person. I take initiative. I choose my actions, attitudes, and moods. I do not blame others for my wrong actions. I do the right thing without being asked, even when no one is looking.	I am often a responsible person. I often take initiative. I am progressing towards choosing my actions, attitudes, and moods. I often try not to blame others for my wrong actions. I often do the right thing without being asked, even when no one is looking.	I am not yet demonstrating responsibility consistently. I rarely take initiative. I need improvement towards choosing my actions, attitudes, and moods. I am still learning to not blame others for my wrong actions. I need to do the right thing without being asked, even when no one is looking.
<b>Begin with the end in mind</b>	I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom and contribute to my school's mission and vision. I look for ways to be a good citizen.	I often plan ahead and set goals. I often do things that have meaning and make a difference. I am becoming an important part of my classroom and am working on contributing to my school's mission and vision. I often look for ways to be a good citizen.	I do not yet plan ahead and set goals. I am still working towards consistently doing things that have meaning and make a difference. I do not yet take an active role in my classroom community and am not yet contributing to my school's mission and vision. I am not yet looking for ways to be a good citizen.
<b>Put first things first</b>	I spend my time on things that are most important. This means I say no to things I know I should not do. I set priorities, make a schedule, and follow my plan. I am disciplined and organized.	I often spend my time on things that are most important. I often say no to things I know I should not do. I am progressing towards setting priorities, making a schedule, and following my plan. I am becoming disciplined and organized.	I do not yet consistently spend my time on things that are most important. I do not yet say no to things I know I should not do. I am not yet progressing towards setting priorities, making a schedule, and following my plan. I am not yet consistently disciplined and organized.
<b>Think win-win</b>	I balance courage for getting what I want with consideration for what others want. I make deposits in others' Emotional Bank Accounts. When conflicts arise, I look for third alternatives.	I often balance courage for getting what I want with consideration for what others want. I often make deposits in others' Emotional Bank Accounts. When conflicts arise, I am making progress towards looking for third alternatives.	I do not yet balance courage for getting what I want with consideration for what others want. I am still learning to consistently make deposits in others' Emotional Bank Accounts. When conflicts arise, I do not yet look for third alternatives.
<b>Seek first to understand, then to be understood</b>	I listen to other people's ideas and feelings. I try to see things from their viewpoints. I listen to others without interrupting. I am confident in voicing my ideas. I look people in the eyes when talking.	I often listen to other people's ideas and feelings. I often try to see things from their viewpoints. I am working on listening to others without interrupting. I am becoming confident in voicing my ideas. I often look people in the eyes when talking.	I do not yet consistently listen to other people's ideas and feelings. I am still learning to try to see things from their viewpoints. I do not yet listen to others without interrupting. I am not yet confident in voicing my ideas. I am still learning to look people in the eyes when talking.
<b>Synergize</b>	I value other people's strengths and learn from them. I get along well with others, even people who are different than me. I work well in groups. I seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions than anyone of us can alone. I am humble.	I often value other people's strengths and learn from them. I often get along well with others, even people who are different than me. I often work well in groups. I am beginning to seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions than anyone of us can alone. I am progressing towards demonstrating humility.	I do not yet demonstrate value in other people's strengths and learn from them. I am still learning to consistently get along well with others, even people who are different than me. I do not yet consistently work well in groups. I do not yet seek out other people's ideas to solve problems to create better solutions than anyone of us can alone. I am not yet progressing towards demonstrating humility.
<b>Sharpen the saw</b>	I take care of my body by eating right, exercising and getting sleep. I spend time with family and friends. I learn in lots of ways and lots of places, not just at school. I find meaningful ways to help others.	I often take care of my body by eating right, exercising and getting sleep. I often spend time with family and friends. I am progressing towards learning in lots of ways and lots of places, not just at school. I often find meaningful ways to help others.	I am still learning to consistently take care of my body by eating right, exercising and getting sleep. I do not yet consistently prioritize spending time with family and friends. I am not yet demonstrating a drive for personal learning. I am still learning to find meaningful ways to help others.
<b>Find your voice</b> <i>(Middle School)</i>	I find my voice and help others discover their own voice in order to thrive in the Information Age, where interdependence is more important than independence.	I often find my voice and help others discover their own voice in order to thrive in the Information Age. I often demonstrate through my words and actions that interdependence is more important than independence.	I do not yet consistently use my voice or help others to discover their own voice. I am still learning to demonstrate that interdependence is more important than independence.