



**Participatory Action Research
Team with Youth!**

April 8, 2026

Dear Parents/Guardians/Caregivers,

Students at Renaissance Academy have partnered with Central Michigan University students in a group called Participatory Action Research Team with Youth (PARTY!). This is a research-driven educational program that connects middle school students to CMU undergraduate mentors and faculty to learn research, leadership, and advocacy skills through research projects of students' own design.

The PARTY! team at Renaissance Academy has chosen to explore students' awareness of and access to mental health resources in the school. Students plan on administering a short survey to 6th, 7th, and 8th graders, and your child is invited to participate. The survey is attached for your reference. Participation is completely voluntary. Students can choose not to answer any questions and can withdraw from the survey at any time. All student responses will remain anonymous.

Please sign below to grant your child permission to take the survey. Students who turn in a signed permission form will be given a paper copy of the survey during school hours. No names will be recorded on the survey. Completed surveys will be collected by a member of the PARTY! team at Renaissance and the PARTY! team will analyze the survey results and share their findings with the school community.

If you have any questions regarding the survey or PARTY! please contact the faculty advisors, Gina McGovern (mcgov1g@cmich.edu) and Jack Day (day2j@cmich.edu), in the department of Human Development and Family Studies at Central Michigan University.

I agree to allow my child/ward to participate in the survey as described above.

Name of Child/ Ward:

Name of Parent or Guardian:

Signature of Parent or Guardian:

Date:

Renaissance Academy Students Mental Health Resources Survey

Q1 What grade are you in?

- 6th grade
- 7th grade
- 8th grade
- I'm not in 6th - 8th grade

Q2 I know at least one adult (not the counselor) I can talk to if I am feeling stressed, sad or upset.

- Definitely not
- Probably not
- Might or might not
- Probably yes
- Definitely yes
- I choose not to answer this question.

Q3 I know how to ask to see the school counselor.

- Definitely not
- Probably not
- Might or might not
- Probably yes
- Definitely yes
- I choose not to answer this question.

Q4 I have a support system I can rely on. (This could mean a teacher, parent, friends, etc.)

- Definitely not
- Probably not
- Might or might not
- Probably yes
- Definitely yes
- I choose not to answer this question.

Q5 I know what to do if I am feeling overwhelmed or stressed at school.

- Definitely not
- Probably not
- Might or might not
- Probably yes
- Definitely yes
- I choose not to answer this question.

Q6 I am aware of the support systems the school offers.

- Definitely not
- Probably not
- Might or might not
- Probably yes
- Definitely yes
- I choose not to answer this question.

Q7 What is a way Renaissance Academy can improve awareness of mental health resources?

[OPEN-ENDED]

Q8 I think mental health is important.

- Definitely not
- Probably not
- Might or might not
- Probably yes
- Definitely yes
- I choose not to answer this question.

Q9 I think talking to someone about mental health is beneficial.

- Definitely not
- Probably not
- Might or might not
- Probably yes
- Definitely yes
- I choose not to answer this question.

Q10 I know an adult I could go to if I was worried about a friend.

- Definitely not
- Probably not
- Might or might not
- Probably yes
- Definitely yes
- I choose not to answer this question.

Q11 I know what to do if I needed help right away.

- Definitely not
- Probably not
- Might or might not
- Probably yes
- Definitely yes
- I choose not to answer this question.

Q12 I know what to do if someone else needed help right away.

- Definitely not
- Probably not
- Might or might not
- Probably yes
- Definitely yes
- I choose not to answer this question.

Q13 How old are you?

- 9 years old
- 10 years old
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- I choose not to answer this question.