

JANUARY 17, 2025

RAMS RECAP

Renaissance Public School Academy Newsletter



Renaissance Academy

RAMS

UPCOMING EVENTS

**Winter NWEA
Test Window**
January 13 – 31,
2025

No School
February 10, 2025



Hello RPSA Families!

As we have been working through the NWEA Assessment this week it has been so amazing to see students and teacher celebrating growth together. Our students are working incredibly hard to show off all they have learned already this year, and goal setting conversations for the rest of the year have started taking place. We are very proud of all of our students and love having this chance to check progress and celebrate with them.

SCHOOL IMPROVEMENT SURVEY

Each year we invite families to participate in a survey to help inform our school improvement planning process. We have been encouraged by strong participation in the past and hope that you will assist us with this effort again this year. Students and staff members will be invited to share their thoughts as well. The survey will remain open until January 31, 2025. We encourage you to open it now and share your thoughts. Thank you!

Family Survey link: <https://forms.gle/tmpjDDHUK6s1XPPF9>

Have a great weekend!

With RAMS Pride,
The RPSA Leadership Team

#RAMSPRIDE



Be Safe Be Responsible

Be Kind Work Hard

We love celebrating our students when they're caught showing RAMS Pride. We look for students who are being safe, being responsible, being kind, or working hard and try to highlight them with a "Shout Out". Students receive a blue paper to bring home and show off to their families. Their names are also included in the weekly newsletter. The first time a student receives a shout out, they get to visit the book vending machine too!

- **Bentlee M.**
- **Gwendolyn S.**
- **Deus L.**
- **Cameron S.**
- **Eden S.**
- **Chayton P.**
- **Jovi P.**
- **Miranda O.**
- **Aarav G.**

Our weather policy states that students will go outside for recess if the temperature and real feel are above 0 degrees. We know how important it is for students to have time to play outside in the fresh air and want for all of our students to be comfortable while playing.

Please make sure the following items come to school with your child every day to help them be prepared for outside play:

- Winter Coat
- Snow pants
- Boots
- Hat
- Gloves



If you need assistance getting any of these items please reach out to us. We have many of these items available for families in need.

Check out this neat project event for our 1st and 2nd grade families!



VOYAGERS HEALTHY FAMILY NIGHT

Please join us as we celebrate our Healthy Me PBL with a guided workout from your student!



DATE: Wednesday, January 29th

TIME: 5:00-6:00 PM

PLACE: Presentation Space - end of Voyager Hallway

WHO: All family members!



Athletics Announcements



Jack Karr Memorial Scholarship Fund ~ for Athletes

Application Link can be found on the Athletics page of our website

Requirements:

- Submit an essay describing why participating in Renaissance Athletics is important to you.
- What do you hope to gain and learn from participating in athletics at Renaissance?
- Note of recommendation from a teacher.

Application Deadline is January 17th, 2025

Illness Policy

During the winter months it is common to see an increase in illnesses. Please help us slow the spread by following our illness policy. We want to work together to assure that our children and their health are protected.

Please keep your child home when they are sick. As a general guideline, a student should not return to school until they have been fever-free for 24 hours without the use of fever reducing medicines or not vomited/diarrhea in 48 hours.

Norovirus Illness: Key Facts

Norovirus—the stomach bug

Norovirus is a highly contagious virus. Norovirus infection causes gastroenteritis (inflammation of the stomach and intestines). This leads to diarrhea, vomiting, and stomach pain.

Norovirus illness is often called by other names, such as food poisoning and stomach flu. It is true that noroviruses can cause food poisoning. But, other germs and chemicals can also cause food poisoning. Norovirus illness is not related to the flu (influenza), which is a respiratory illness caused by influenza virus.



Anyone can get norovirus illness

- Norovirus is the most common cause of acute gastroenteritis in the United States.
- Each year, norovirus causes about 21 million cases of acute gastroenteritis in this country.
- Many different types of norovirus exist, so you can get infected and sick many times in your life.

Norovirus illness can be serious

- Norovirus illness can make you feel extremely sick with diarrhea and vomiting many times a day.
- Some people may get severely dehydrated, especially young children, the elderly, and people with other illnesses.
- Each year, norovirus causes about 70,000 hospitalizations and 800 deaths, mostly in young children and the elderly.

Norovirus spreads very easily and quickly

- It only takes a very small amount of norovirus particles (fewer than 100) to make you sick.
- People with norovirus illness shed billions of virus particles in their stool and vomit and can easily infect others.
- You are most contagious when you are sick with norovirus illness and during the first 3 days after you recover.
- Norovirus can spread quickly in closed places like daycare centers, nursing homes, schools, and cruise ships.
- Norovirus can stay on objects and surfaces and still infect people after days or weeks.
- Norovirus can survive some disinfectants, making it hard to get rid of.

Norovirus can spread in many ways

Norovirus can spread to others by—

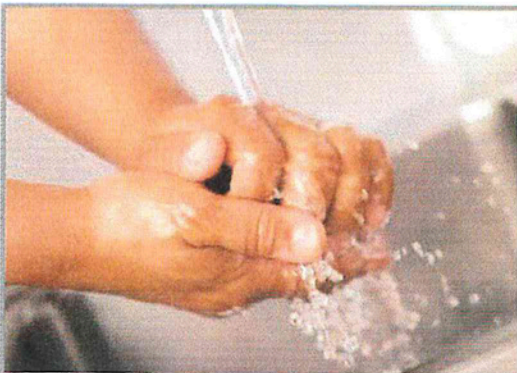
- eating food or drinking liquids that are contaminated with norovirus,
- touching surfaces or objects that have norovirus on them then putting your fingers in your mouth, and
- having close personal contact with an infected person, for example, caring for or sharing food, drinks, or eating utensils with an infected person.

There's no vaccine to prevent norovirus infection and no drug to treat it

- Antibiotics will not help with norovirus illness because antibiotics do not work on viruses.
- When you have norovirus illness, drink plenty of liquids to replace fluid loss and prevent dehydration.
- If you or someone you are caring for is dehydrated, call a doctor.

National Center for Immunization and Respiratory Diseases
Division of Viral Diseases





What is the Right Way to Wash Your Hands?

1. Wet your hands with clean, running water (warm or cold) and apply soap.
2. Rub your hands together to make a lather and scrub them well; be sure to scrub the backs of your hands, between your fingers, and under your nails.
3. Continue rubbing your hands for at least 20 seconds. Need a timer? Hum the "Happy Birthday" song from beginning to end twice.
4. Rinse your hands well under running water.
5. Dry your hands using a clean towel or air dry them.

See Handwashing: Clean Hands Saves Lives (www.cdc.gov/handwashing/)

5 Tips to Prevent Norovirus From Spreading

1. Practice proper hand hygiene

Always wash your hands carefully with soap and water—

- after using the toilet and changing diapers, and
- before eating, preparing, or handling food.

Alcohol-based hand sanitizers can be used in addition to hand washing. But, they should not be used as a substitute for washing with soap and water.

2. Wash fruits and vegetables and cook seafood thoroughly

Carefully wash fruits and vegetables before preparing and eating them. Cook oysters and other shellfish thoroughly before eating them.

Be aware that noroviruses are relatively resistant. They can survive temperatures as high as 140°F and quick steaming processes that are often used for cooking shellfish.

Food that might be contaminated with norovirus should be thrown out.

Keep sick infants and children out of areas where food is being handled and prepared.

3. When you are sick, do not prepare food or care for others

You should not prepare food for others or provide healthcare while you are sick and for at least 2 to 3 days after you recover. This also applies to sick workers in schools, daycares, and other places where they may expose people to norovirus.

4. Clean and disinfect contaminated surfaces

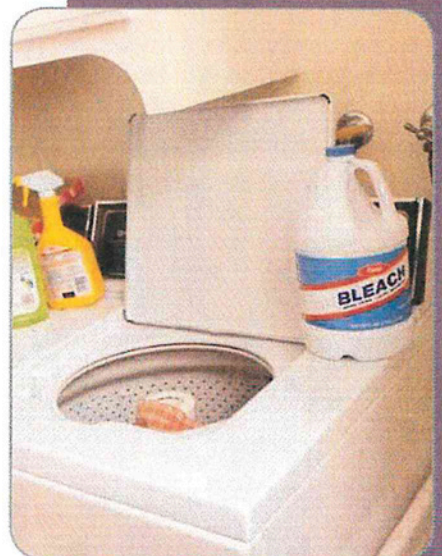
After throwing up or having diarrhea, immediately clean and disinfect contaminated surfaces. Use a chlorine bleach solution with a concentration of 1000–5000 ppm (5–25 tablespoons of household bleach [5.25%] per gallon of water) or other disinfectant registered as effective against norovirus by the Environmental Protection Agency (EPA).

5. Wash laundry thoroughly

Immediately remove and wash clothes or linens that may be contaminated with vomit or stool (feces).

You should—

- handle soiled items carefully without agitating them,
- wear rubber or disposable gloves while handling soiled items and wash your hands after, and
- wash the items with detergent at the maximum available cycle length then machine dry them.



Visit CDC's Norovirus Web site at www.cdc.gov/norovirus for more information.



YOU ARE invited!

Join us for our Open House

1155 S. Elizabeth St., Mt. Pleasant, MI

Thursday, February 6, 2025 • 5:30 p.m. - 7:30 p.m. • (989) 775-2210



Gratiot-Isabella Technical Education Center
www.gi-tec.net

JOIN US DURING OPEN SATURDAY HOURS FOR

FAMILY *make*

Saturday, January 18th at 9am

EHS Building Room 134

Connect and create using makerspace materials and tools such as the **3D printer, vinyl cutter, robots and more!**

Families are encouraged to sign-up ahead of time, though walk-ins are welcome if there's space remaining.

Stay the entire time or head out when it works best for your family. Most appropriate for families with students in grades K - 8



Follow us on Social media:



@CmichCESE



@cmich_cese



Scan to register or visit
cmucese.corsizio.com

\$10 per family

Questions? Contact Julie Cunningham at cunni2ja@cmich.edu



	Monday, 1/20	Tuesday, 1/21	Wednesday 1/22	Thursday 1/23	Friday 1-24
Breakfast	Coco Puff Cereal Strawberries Fruit Juice Milk	Blueberry Muffins Peaches Fruit Juice Graham Cracker Milk	Banana Bread Cheese Stick Fruit Juice Apple Sauce Milk	Cinnamon Pull Apart Frozen Sorbert Fruit Juice Milk	Powdered Donuts Berry Sorbert Apple Sauce Milk

Lunch	Teryaki Bites Dinner Roll Beans Apples Milk or Chicken Salad	Waffle Hashbrown Mandarin Oranges Sausage Patty Milk or Chicken Salad	Dominos Pepperoni Pizza Broccoli with Ranch Vegetable Juice Fruit Cup Milk or Chicken Salad	Cheeseburger Celery Peaches Milk or Chicken Salad	Cheese Quesadilla Carrots Strawberries Milk or Chicken Salad
--------------	--	---	---	--	---

Choice of White or Chocolate Milk Served Daily

Renaissance PSA 2024-2025 Calendar

August '24						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September '24						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October '24						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

First & Last Day
PD Days: No School for Students
No School for Students and Staff
SLCs - No School for Students
Family Visits

November '24						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December '24						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January '25						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

M, Tu, Th, F Daily Schedule:
8:00 a.m. - 3:25 p.m.

Wednesday Early Release:
8:00 a.m. - 2:00 p.m.

February '25						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March '25						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April '25						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May '25						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June '25						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July '25						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		