

DECEMBER 8, 2024

RAMS RECAP

Renaissance Public School Academy Newsletter



Renaissance Academy

RAMS

UPCOMING EVENTS

Middle School Museum Event

December 19, 2024

6:00 – 7:30pm

Band Concert

December 20, 2024

5:30pm

Winter Break

December 23, 2024

– January 3, 2025



Hello RPSA Families!

As we approach winter break, our school is buzzing with excitement and activity! Over the next two weeks, we have a wonderful lineup of events and opportunities for students and families to enjoy. From festive band concerts showcasing the incredible talent of our 5th-8th grade students to a special museum-style exhibition created by our middle schoolers, there's something for everyone. These events highlight the hard work and creativity of our students, and we can't wait to share them with you. Be sure to mark your calendars and join us to celebrate their achievements.

We are so proud of the sense of community that these events foster, and we encourage you to attend and support our students. In addition to the planned activities, classrooms will be engaging in fun, themed lessons and celebrations to cap off a great semester. As we gear up for winter break, we hope you'll join us in making these next two weeks extra special.

With RAMS Pride,
The RPSA Leadership Team

#RAMSPRIDE



Be Safe Be Responsible
Be Kind Work Hard

We love celebrating our students when they're caught showing RAMS Pride. We look for students who are being safe, being responsible, being kind, or working hard and try to highlight them with a "Shout Out". Students receive a blue paper to bring home and show off to their families. Their names are also included in the weekly newsletter. The first time a student receives a shout out, they get to visit the book vending machine too!

- Elianna H.
- Clarke M.
- Emilee Y.
- Archer H.
- Phoenix S.
- Lilly A.
- Zoe P.
- Kennedy C.
- Danai Z.
- Kenisynn S.
- Sage P.
- Angela P.
- Zoey K.
- Maci G.
- Ethan B.
- Ayden M.
- Lana E.
- Charlotte S.
- Hollis P.
- Liam M.
- Harper T.
- Finley M.
- Antonio P.
- Kota T.
- Desirae S.

Athletics Announcements



Jack Karr Memorial Scholarship Fund ~ for Athletes

Application Link can be found on the Athletics page of our website

Requirements:

- Submit an essay describing why participating in Renaissance Athletics is important to you.
- What do you hope to gain and learn from participating in athletics at Renaissance?
- Note of recommendation from a teacher.

Application Deadline is January 17th, 2025

Current athletic event schedules can be found in the RPSA website athletics section. Please remember all students must be accompanied by an adult when attending events as a spectator.



RENAISSANCE PSA

Winter Break Spirit WEEK

DECEMBER 16-20

• *Monday*

Holiday Traditions

Wear or bring something to represent a tradition or celebration you have with your family

• *Tuesday*

Snowperson Day

Wear silver, blue, white, or your favorite snowy outfit

• *Wednesday*

Sweater Day

Wear your most festive, seasonal sweater

• *Friday*

Pajama Day

Be cozy and ready for a long winter's nap!

• *Thursday*

Winter Hat Day

Your favorite head gear might be a cozy beanie, something with sparkles, or maybe even ears!



**A REMINDER
THAT THERE
IS NO AFTER
SCHOOL
PROGRAM
THE WEEK OF
DECEMBER
16TH!**

CMDHD SCHOOL NEWS

December 2024



CMDHD strives to provide you and your students with effective wellness strategies to promote healthier families and communities. December's newsletter contains information on head lice, holiday health tips, and lead poisoning prevention, as well as immunizations, communicable disease and COVID-19. Please reach out if there are ways CMDHD can continue to partner with your schools to promote healthier families and communities.

HEAD LICE



Infestation with head lice is most common among school-aged children. Head-to-head contact with an already infested person is the most common way to get head lice. Head-to-head contact is common during play at school, at home, and elsewhere (sports activities, playground, slumber parties, camp). Head lice can be treated with over-the-counter or prescription medications.

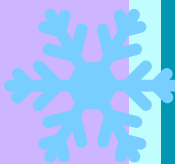
[Head Lice Treatment](#)

LEAD POISONING PREVENTION

Lead can be found in many different places in a child's environment. Preventing lead exposure is important to a child's health. No safe blood lead level in children has been identified. Low levels of lead in blood have been shown to affect learning, ability to pay attention, and academic achievement. To prevent lead poisoning remove lead hazards and test blood levels for lead. Most local health departments and healthcare providers can test for lead in the blood.

[Preventing Childhood Lead Poisoning](#)

[Lead Exposure Symptoms and Complications](#)



HOLIDAY HEALTH TIPS

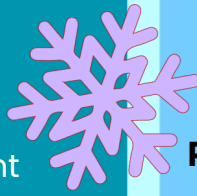
Brighten the holidays by making your health a priority. Illnesses spread more in the fall and winter. Take steps to keep you and your loved ones safe and healthy—and ready to enjoy the holidays.

Large gatherings and spending more time indoors can lead to more viruses spreading. Read on for tips to help you focus on your wellness this holiday season.

- Wash hands often to prevent the spread of germs
- Bundle up to stay dry and warm
- Manage stress
- Get your vaccinations
- Prepare food safely and eat healthy
- Stay active



IMMUNIZATIONS



Vaccines protect children across communities and countries and prevent outbreaks of vaccine-preventable diseases.

Immunization saves millions of lives every year and is widely recognized as one of the world's most successful and cost-effective health interventions.

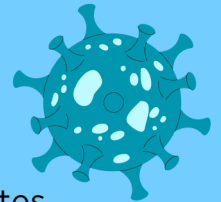
- [School Immunization Requirements](#)
- [Child Immunizations](#)
- [Vaccine Clinic Sign Up](#)
- [Schedule Today!](#)



COVID-19 & OTHER COMMUNICABLE DISEASES

Reminder: All schools must report, at a minimum, weekly aggregate counts of COVID-19 to the Local Health Department.

Schools play a big role in helping to reduce or prevent the incidence of illness in our communities. Schools are required to report communicable diseases or suspected illness for many reasons. Testing for COVID-19 is recommended.



COVID-19 links:

- [Pop-up Antigen Testing Sites](#)
- [School Antigen COVID Testing Order Form](#)
- [At Home Test- School Ordering Form](#)
- [School Guidance K-12](#)

Communicable Disease links:

- [Communicable Disease Control Program](#)
- [Reporting Form for Schools](#)
- [Reporting Handbook](#)
- [Fact Sheets](#)
- [Managing Communicable Diseases in Schools](#)
- [Reportable Diseases](#)

CMDHD Website

CMDHD Referral for Services

REFRESH Program

School Health Information

Robert Fabera
Health Resource Advocate
Arenac & Roscommon Cos.
Phone: 989-426-9431 ext. 1342
Cell: 989-506-1696
rfabera@cmdhd.org

Millie Nelson
Health Resource Advocate
Clare & Gladwin Cos.
Phone: 989-426-9431 ext. 1125
Cell: 989-430-7229
mnelson@cmdhd.org

Raelyn Fate
Health Resource Advocate
Isabella County
Phone: 989-773-2921 ext. 1473
Cell: 989-259-4670
rfate@cmdhd.org

Lacey Morris
Health Resource Advocate
Osceola County
Phone: 231-832-5532 ext. 1524
Cell: 989-824-1149
lmorris@cmdhd.org



	Monday, 12/9	Tuesday, 12/10	Wednesday 12/11	Thursday 12/12	Friday 12-13
Breakfast	Cinnamon Pull Apart Strawberries Fruit Juice Milk	Blueberry Muffins Peaches Fruit Juice Graham Cracker Milk	Cereal Graham Cracker Fruit Juice Apple Sauce Milk	Banana Bread Cheese sticks Frozen Sorbert Fruit Juice Milk	Powdered Donuts Berry Sorbert Apple Sauce Milk

Lunch	Teryaki Bites Dinner Roll Beans Apple Milk or Chicken Salad	Waffle Hashbrown Mandarin Oranges Sausage Patty Milk or Chicken Salad	Dominos Pepperoni Pizza Broccoli with Ranch Vegetable Juice Fruit Cup Milk or Chicken Salad	Cheeseburger Celery with Ranch Peaches Milk or Chicken Salad	Cheese Quesadilla Carrots with Ranch Salsa Strawberries Milk or Chicken Salad
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Choice of White or Chocolate Milk Served Daily

Renaissance PSA 2024-2025 Calendar

August '24						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September '24						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October '24						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November '24						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December '24						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January '25						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February '25						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March '25						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April '25						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May '25						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June '25						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July '25						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

First & Last Day
PD Days: No School for Students
No School for Students and Staff
SLCs - No School for Students
Family Visits

M, Tu, Th, F Daily Schedule:
8:00 a.m. - 3:25 p.m.

Wednesday Early Release:
8:00 a.m. - 2:00 p.m.