

**Michigan Department of Education
Office of Health and Nutrition Services
School Nutrition Programs**

**Local Wellness Policy:
Triennial Assessment Summary**

Background

The Healthy, Hunger-Free Kids Act of 2010 requires Local Educational Agencies (LEAs) to update or modify their wellness policy, as appropriate. When wellness committees meet on a regular basis throughout the school year, an assessment plan should be used to ensure progress is being made on the district's wellness policy and procedures.

Purpose

The template below is offered to help summarize the information gathered during your assessment. Members of a school wellness committee who are completing the triennial assessment for their school wellness policy may use this template. It contains the three required components of the triennial assessment, including 1) compliance with the wellness policy, 2) how the wellness policy compares to model wellness policies, and 3) progress made in attaining the goals of the wellness policy.

Results

The copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. Many LEA's choose to post the results on their district website. The triennial assessment summary and the assessment details must be shared.

Recordkeeping

Keep a copy of the most recent triennial assessment, along with supporting documentation on file. This will be needed when you have a School Nutrition Program administrative review.

Resources

<https://www.fns.usda.gov/tn/local-school-wellness-policy>

https://www.michigan.gov/mde/0,4615,7-140-66254_50144-194546--,00.html

Section 1: General Information

School(s) included in the assessment:

Renaissance Public School Academy

Month and year of current assessment: February 2025

Date of last Local Wellness Policy revision: August 6, 2024

Website address for the wellness policy and/or information on how the public can access a copy:

www.renaissancepsa.com

Section 2: Wellness Committee Information

How often does your school wellness committee meet? Semi-annually

School Wellness Leader:

Name	Job Title	Email Address
Brandy Reihl	Food Service Director	breihl@renaissancepsa.com

School Wellness Committee Members:

Name	Job Title	Email Address
Megan Nix	School Leader	mnix@renaisancepsa.com
Stephen McConnell	Physical Education Teacher	smcconnell@renaissancepsa.com
LaMario Floyd	Cook	lfloyd@renaissancepsa.com
Anna Walton	Parent	Amwalton2017@gmail.com
Tina Singer	Admin Assistant	tsinger@renaisancepsa.com
Jonathan Molina	Custodian	jmolina@renaissancepsa.com
Jim Reihl	Transportation/Building Maintenance/Custodial	jreihl@renaissancepsa.com

Section 3. Comparison to Model School Wellness Policies

Indicate the model policy language used for comparison:

- Michigan State Board of Education Model Local School Wellness Policy
- Alliance for a Healthier Generation: Model Policy
- WellSAT 3.0 example policy language

Describe how your wellness policy compares to model wellness policies.

Renaissance uses Michigan State Board of Education Model Local Wellness Policy as the model for our local wellness policy.

Section 4. Compliance with the Wellness Policy and progress towards goals

At a minimum, local wellness policies are required to include:

- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Using the table below to indicate the progress made with each goal included in the Wellness Policy. The table may be used for each school separately or the district as a whole.

Tip: When developing a wellness plan, ensure activities are meeting goals by developing SMART objectives:

- **Specific:** Identify the exact area to improve.
- **Measurable:** Quantify the progress.
- **Attainable:** Determine what is achievable.
- **Realistic:** Consider resources and determine what can reasonably be accomplished.
- **Time bound:** Identify deadlines for goals and related tactics.

The Centers for Disease Control and Prevention (CDC) has tips for developing [SMART objectives](#).

Michigan Department of Education Local Wellness Policy Assessment Plan

School Name: Renaissance Public School Academy

Date: 02/13/2025

Nutrition Promotion and Education Goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Nutrition education posters, such as the Food Pyramid Guide and USDA's MyPlate, will be displayed in the classrooms and other appropriate areas visible to students and others in the Academy community.	My Plate posters were posted in all classrooms including how many/components to have.	Entire school year	Reviewed before school starts and during annual on-site review.	Food Service Director	All staff and students	Yes
Nutrition education shall extend beyond the school by engaging and involving families and the community.	Teachers and students implement a lesson and conduct a presentation to go along with the lesson to families after school hours.	Every school year	Participation numbers	Teachers	Staff, students and families	Yes, Voyager did Nutrition and You night
RPSA will encourage students to increase their consumption of healthful foods during the school day	Teachers will discuss the importance of healthy foods daily while promoting breakfast and lunch.	Entire school year	Breakfast and lunch observations and survey results.	Teachers	Staff, teachers and students	Ongoing
Students, along with middle school garden club participants, will grow fresh ingredients in our hoop house to be used in classroom projects	Teachers and the garden club will implement lessons based on produce grown in the hoop house.	Entire school year	Lesson observations	Teachers and garden club members	Teachers, staff and students	Yes, Kindergartners and middle schoolers made pesto and shared with staff

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
At least 20 minutes set aside each day for students to be active	Add recess time to daily schedules Two a day – one before recess	Entire school year	Lesson plan observations	Teacher	Teachers and students	Yes, we are doing at least 40 minutes a day of recess
All students will receive physical education class for at least 50 minutes a week	Add gym to weekly schedules.	Entire school year	Lesson plan observations	Teacher	Teachers and students	Yes, every class has P.E. at least once a week
Students will be moderately to vigorously active for at least 50% of class time during most or all physical education class sessions.	P.E. Teacher needs to make sure daily lesson plans implement this 50% active time.	Entire school year	Lesson plan observations	P.E. Teacher	Teacher and students	Ongoing
All students in grades 5-9 shall have the opportunity to participate in extracurricular activities and intramural programs emphasizing physical activity.	Work with the Athletic Director to review opportunities for these grade levels and ensure the information is distributed to students and families.	Entire school year	Participation numbers	Athletic Director	Teachers, students and families	Ongoing
Recess, P.E. or other physical activities will not be withheld from students as a punishment for poor behavior or incomplete class work.	Work with teachers to implement other forms of discipline	Entire school year	Observations	Teacher	Teachers, staff and students	Yes, Ongoing
Physical movement and brain breaks are incorporated throughout the general education classroom day.	Work with teachers to guide them through suggestions and ideas.	Entire school year	Classroom observations	Teacher	Teachers, leadership, staff and students	Yes, Ongoing

Physical Activity Goal(s):

School-based activities to promote student wellness goal(s):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Provide at least 30 minutes daily for students to eat.	Leadership builds a 30-minute lunch break into all students' day.	Entire school year	Observation of daily schedule	Leadership Team	Teachers, staff and students	Yes, ongoing
Provide attractive, clean environments where students eat.	Teachers work with custodial staff to implement a cleaning schedule prior to lunch.	Entire school year	Daily observations	Custodian	Teachers, custodians and students	Yes, ongoing
Students, parents, and other community members shall have access to, and be encouraged to use the school's outdoor physical activity facilities outside the normal school day.	Allow playground areas to be open to the public after school hours, weekends and breaks.	Entire Year	Observations and participation	Leadership	Staff, students, families and community	Ongoing
Schedule mealtimes so that there is minimum disruption by recess, and other special programs or events	Leadership and staff work diligently to avoid scheduling events during all lunch periods.	Entire school year	Observation of daily schedule	Leadership	Staff and students	Yes, ongoing
Provide students with affordable access to the varied and nutritious foods they need to be healthy and to learn well, regardless of unpaid meal balances.	Business Manager and teachers do not prohibit students from eating if they have unpaid meal balances. The business Manager reimburses the food service account for any outstanding meal balances at the end of the year out of general fund.	Entire school year	Daily observations and daily audit of meal balances	Business Manager	Business Manager, teachers and students	Yes, Ongoing
Students are discouraged from	Teachers and staff continually monitor this during mealtimes.	Entire school year	Observations during mealtimes	Teachers	Teachers, staff and students	Ongoing

<p>sharing their food or beverages with one another during mealtimes, given concerns about allergies and other restrictions on some students' diets.</p>						
<p>Provide outside-sourced food bags to students/families in need</p>	<p>Leadership work with Nutrition bag coordinator to ensure enough bags are received to send home with students in need.</p>	<p>Entire school year</p>	<p>Enough bags are received to send home with students in need.</p>	<p>Leadership/ Nutrition Coordinator</p>	<p>Teachers, students and families</p>	<p>Ongoing</p>

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e. school meals and smart snacks):

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
The food service director offers reimbursable school meals that meet USDA nutrition standards.	All food on menus must meet nutrition standards	Throughout the entire school year	Monitoring weekly menus	Food Service Director	Food service staff, teachers and students	Yes, Ongoing
The foods and beverages sold outside the school meals programs will meet the USDA Smart Snacks nutrition guidelines.	If the school sells food through a vending machine or school store they must abide by smart snack standards.	Throughout the entire school year	Monitoring the school store if we open it.	Food Service Director	School store employees, teachers and students	Ongoing – at this time we do not sell food.

Guidelines for other foods and beverages available on the school campus, but not sold:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Water filling stations are available near all classrooms. Cups are provided to students if needed.	Several drinking water fountains/filling stations are available throughout the school.	Throughout the entire school year	Installing stations in several locations and maintaining them.	Maintenance	Staff and students	Yes, ongoing

Marketing and advertising of only foods and beverages that meet Smart Snacks:

Goal What do we want to accomplish?	Action Steps What activities need to happen?	Timeline Start dates	Measurement How is progress measured?	Lead Person	Stakeholders Who will be involved and/or impacted?	Complete?
Nutrition education posters, such as the Food Pyramid Guide and USDA's MyPlate, will be displayed in the classrooms and other appropriate areas visible to students and others in the Academy community.	Posters installed in all classrooms	Throughout the entire school year	Yearly monitoring	Food Service Director	Staff and students	Yes, ongoing